CONSCIOUS EATERY CATERING MENU

SCHEDULE CATERING DIRECTLY:
425-550-3090 OR
CIERRA@CONSCIOUSEATERY.ORG

110,000+ MEALS DONATED

PACKED LUNCHES COME W/ AN APPLE + SEA SALT CHIPS

DONATE A MEAL

FOR EACH PACKED LUNCH SOLD - WE DONATE A MEAL TO SOMEONE IN NEED THROUGH OUR PARTNERS.

CONSCIOUS SIDES

HOUSE-MADE POTATO SALAD,
HOUSE-MADE COLESLAW,
MIXED FRUIT OF LOCAL BERRIES,
1/2 SALADS, HOUSE-MADE SOUP,
CONSCIOUS COOKIE,
GLUTEN FREE MARSHMALLOW RICE BAR,
PEAR, APPLE, ASSORTED CHIPS,
WATER + DILLANOS DARK ROAST COFFEE

ARTISAN SANDWICHES

TURKEY CRANBERRY

1/2: $6.75
PACKED LUNCH: $17

ROASTED TURKEY, SWISS + ARUGULA W/ HOUSE-MADE CRANBERRY CONDIMENT ON SOURDOUGH

TURKEY CLUB

1/2: $7
PACKED LUNCH: $17.5

ROASTED TURKEY, BACON, ROMAINE + ROMA TOMATO W/ HOUSE-MADE HERB AIOLI ON SOURDOUGH (DF)

CLASSIC ROAST BEEF

1/2: $6.5
PACKED LUNCH: $16.5

ROASTED BEEF, SHARP CHEDDAR W/ GOLDEN DIJON + HOUSE-MADE HORSERADISH CREME FRAICHE ON HOAGIE

SALAMI

1/2: $7
PACKED LUNCH: $17.5

HARD SALAMI, GOAT CHEESE, PEPPERONCINI + ARUGULA W/ GOLDEN DIJON ON SOURDOUGH

SPICY ITALIAN

1/2: $7.25
PACKED LUNCH: $18

HARD SALAMI, HAM, ROMAINE, ROMA TOMATO, MAMA LIL'S PEPPERS + PEPPERONCINI W/ HOUSE-MADE CAJUN + HERB AIOLI ON HOAGIE (DF)

B.L.T.

1/2: $6.75
PACKED LUNCH: $17

BACON, ROASTED ROMA TOMATO + ROMAINE W/ OVEN ROASTED HOUSE-MADE GARLIC AIOLI ON SOURDOUGH (DF)

H.L.T.

1/2: $6.75
PACKED LUNCH: $17

HUMMUS, ROASTED ROMA TOMATO + ROMAINE W/ OVEN ROASTED HOUSE-MADE GARLIC AIOLI ON SOURDOUGH (VEG + DF)

GARDEN + GOAT

1/2: $6.5
PACKED LUNCH: $16.5

GOAT CHEESE, MAMA LIL'S PEPPERS, BELL PEPPER, ARUGULA W/ GOLDEN DIJON + HOUSE-MADE LEMON AIOLI ON SOURDOUGH (VEG)

HERRADURA

1/2: $6.5
PACKED LUNCH: $17

SRIRACHA CHICKPEA MIX, CELERY, RED ONION, ROMA TOMATO, SLICED ALMOND + ROMAINE W/ GOLDEN DIJON ON HOAGIE (VEGAN)

GRANOLA PB+J

1/2: $5
PACKED LUNCH: $12.5

HOUSE-MADE MIXED BERRY JAM, CREAMY PEANUT BUTTER + HOUSE GRANOLA ON SOURDOUGH (VEG)

CONSCIOUS SALADS

SOUTHWEST

1/2: $5.75
PACKED LUNCH: $15
SM BOWL: $39/ LRG BOWL: $57

BLACK BEAN, SHARP CHEDDAR, CORN, ROMA + GLUTEN-FREE TORTILLA STRIPS ON ROMAINE W/ HOUSE-MADE CHIPOTLE RANCH DRESSING *(VEG + GF)*

CAESAR

1/2: $5.75
PACKED LUNCH: $15
SM BOWL: $33 / LRG BOWL: $48

SLICED ALMOND, PARMESAN CHEESE, LEMON WEDGE + HOUSE-MADE CROUTON ON ROMAINE W/ CAESAR DRESSING

BEET

1/2: $5.75
PACKED LUNCH: $15
SM BOWL: $37 / LRG BOWL: $53

ROASTED BEET, GOAT CHEESE, CANDIED WALNUTS ON ARUGULA W/ HOUSE-MADE CITRUS VINAIGRETTE *(VEG + GF)*

COBB

1/2: $7
PACKED LUNCH: $17.5
SM BOWL: $42 / LRG BOWL: $61

BACON, HARD BOILED EGG, BLEU CRUMBLES, ROMA, CUCUMBER ON ROMAINE W/ BLEU CHEESE DRESSING *(GF)*

PEAR + WALNUT

1/2: $6.25
PACKED LUNCH: $16
SM BOWL: $37 / LRG BOWL: $53

PEAR, CANDIED WALNUT, BLEU CRUMBLES, FRIED YAM ON SPRING MIX W/ HOUSE-MADE CHAMPAGNE VINAIGRETTE *(VEG + GF)*

HARVEST

1/2: $6.5
PACKED LUNCH: $16.5
SM BOWL: $42 / LRG BOWL: $61

BLEU CRUMBLES, GARBANZO, MAMA LIL'S PEPPERS, ROMA TOMATO, RED ONION + HOUSE-MADE CROUTON ON SPRING MIX W/ HOUSE-MADE BALSAMIC VINAIGRETTE *(VEG)*

SMALL SALAD BOWLS FEED: 5-10
LARGE SALAD BOWLS FEED: 10-15

CORPORATE CATERING, PARTNERSHIPS + PRICING AVAILABLE UPON REQUEST.

AVAILABLE FOR DAILY BREAKFAST + LUNCH CATERING.

1/2 + 1/2

A LA CARTE: $16
PACKED LUNCH: $19.5

YOUR CHOICE OF 2 ITEMS:
1/2 SANDWICH, 1/2 SALAD +/OR
A CUP OF SOUP

TUNA QUINOA

1/2: $7
PACKED LUNCH: $17.5
SM BOWL: $44 / LRG BOWL: $63

ALBACORE TUNA MIX, QUINOA, PARMESAN CRISP + LEMON WEDGE ON ARUGULA W/ HOUSE-MADE DILL VINAIGRETTE *(GF)*

SPRING

1/2: $6.5
PACKED LUNCH: $16.5
SM BOWL: $37 / LRG BOWL: $53

BLUEBERRIES, STRAWBERRIES, SUNFLOWER SEEDS, GOAT CHEESE, HOUSE-FRIED YAM ON SPRING MIX W/ HOUSE-MADE CHAMPAGNE VINAIGRETTE *(VEG + GF)*

SPINACH

1/2: $6.25
PACKED LUNCH: $16
SM BOWL: $37 / LRG BOWL: $53

BACON, ROMA TOMATO, EGG, SLICED ALMOND, RED ONION ON SPINACH W/ HOUSE-MADE CITRUS VINAIGRETTE *(GF + DF)*

PROTEIN ADD ON

HOUSE USDA STEAK: $5
HOUSE ROASTED CHICKEN: $4
HOUSE PULLED PORK: $4.5
HOUSE ROASTED TURKEY: $4.5
HOUSE ROASTED BEEF: $4
SALAMI: $4
HAM: $4
HOUSE ALBACORE TUNA MIX: $4
BACON $3
VITAL FARMS FRIED EGG: $3
VITAL FARMS HARD BOILED EGG: $3

WANT TO ADD TO YOUR 1/2 ITEM?
ADD FOR 1/2 OFF.

Consuming raw or undercooked eggs, meats or poultry could increase your risk of foodborne illness ***