CONSCIOUS EATERY

# BREAKFAST

## SCRAMBLES

- PEPPER PICKER -
SCRAMBLED EGG *, MAMA LIL'S, PEPPERONCINI, BELL PEPPER, ONION + SHARP CHEDDAR (V) +10

- ORCAS -
SCRAMBLED EGG *, BACON, BELL PEPPER, ONION W/ SHARP CHEDDAR +11

- HAM + CHEDDAR -
SCRAMBLED EGG * + HAM W/ SHARP CHEDDAR +10.5

- STEAK + EGG -
SCRAMBLED EGG *, USDA PRIME, SPINACH, BELL PEPPER, ONION W/ SHARP CHEDDAR +13

- QUINOA + CARROT -
SCRAMBLED EGG *, SHAVED ALMONDS W/ SALSA (V) +10

## BETWEEN BREAD, TOAST + PANCAKES!

- BAGEL SAMMY -
SCRAMBLED EGG *, BACON W/ SHARP CHEDDAR ON BAGEL +11
(SUB SAUSAGE AT NO CHARGE)

- ENGLISH MAMA -
SAUSAGE PATTY, BASTED EGG *, MAMA LIL'S MAPLE SYRUP
W/ GREEN ONION ON ENGLISH MUFFIN +11.5

- EGG IN A HOLE -
BACON, ROMA TOMATO, HERB AIOLI W/ BASTED EGG * IN SOURDOUGH +11.75

- GOAT HORN -
SCRAMBLED EGG *, MAMA LIL'S PEPPERS, SHARP CHEDDAR +
ARUGULA ON ENGLISH MUFFIN (V) +11

- AVOCADO TOAST -
BASTED EGG *, W/ CHILI FLAKES + IMPERFECT'S EVERYTHING SEASONING
ON SOURDOUGH (V) +8

- PANCAKES -
TWO FLUFFY PANCAKES, BUTTER + MAPLE SYRUP W/ HOUSEMADE BERRY COMPOTE (V) +8.5

EGG ADVISORY * — UNDERCOOKED EGGS CAN GET FOLKS SICK

# BOWLS

VEGGIE + QUINOA -
BASTED EGG *, BELL PEPPER, ONION, ROASTED TOMATO, SPINACH + AVOCADO
W/ CHILI FLAKES (V) +13

BACON + QUINOA -
BASTED EGG *, BACON, BELL PEPPER, ONION, SPINACH, PARMESAN + AVOCADO
W/ CHILI FLAKES +14

PULLED PORK HASH - PULLED PORK, SHARP CHEDDAR, POTATOES, BASTED EGG*,
GREEN ONION W/ CAJUN AIOLI DRIZZLE + CHILI FLAKES $14

HASH BOWL -
HOUSE HASH + BASTED EGG * (V) +11

# SMALL BITES

- PNW HONEY GREEK PARFAIT (V) +7.5
- SIDE OF HOUSE HASH (V) +7
- FRUIT MIX (V) (VEG) +5.5
- 2 PC GRAND CENTRAL BAKERY TOAST (VEG) +4.75

(ADD BUTTER +0.50)

- BAGEL/ENGLISH MUFFIN +3.5
- 2 PC GF FRANZ TOAST +3.75
- VITAL FARMS EGG * +4 | 2 FOR +5.5
- BACON +4
- CHICKEN +5
- STEAK+6

CONSCIOUS EATERY IS LOCATED IN GEORGETOWN, SEATTLE
5620 6TH AVE S, 98108

115K MEALS HAVE BEEN DONATED SINCE 2016

INFO@CONSCIOUSEATERY.ORG
206-659-4098
@WEEATCONSCIOUS (IG/X/META)

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